



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"When the power of love overcomes the love of power, the world will know peace."

- Jimi Hendrix

"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that."

Martin Luther King Jr.